



March 2025

Villa Del Mar Homeowners Association

The Script

Daylight Saving Time

Who Can Change It

Daylight Saving Time is here again; it is 2:00 a.m. on Sunday, March 9th. We will move our clocks ahead 1 hour. You may want to move your clocks ahead on Saturday night before you go to bed, so that on Sunday morning your clocks will already reflect the correct time. The change is automatic for most smartphones, computers, tablets and other digital devices such as the clock on cable or satellite boxes. Daylight Saving Time is also a good time to check your batteries in your smoke and carbon monoxide detectors as part of your clock setting routine. Don't forget to change the time on watches and clocks in vehicles, which may need to be set manually.



According to the Farmer's Almanac, the idea behind Daylight Saving Time was meant to give us more daylight during the summer evenings and then move it back to give us more daylight during winter mornings.

There are pros and cons regarding Daylight Saving Time. The primary negatives of Daylight Saving Time include disruption to sleep patterns,

leading to fatigue, decreased productivity, increased risk of accidents, potential negative impacts on mental health, and a higher likelihood of cardiovascular issues, particularly around the time change, due to the disruption of the body's natural circadian rhythm.

In contrast, proponents of Daylight Saving Time argue that it can lead to energy savings by reducing the need for artificial lighting in the evening, promote outdoor

activity due to extended daylight hours, potentially lower crime rates by increasing visibility, reduce traffic accidents, and provide economic benefits by boosting retail sales during evening hours when people are more likely to be out and about.

No matter how you feel about Daylight Saving Time, it is up to a vote of Congress to make that change. Almost all states observe Daylight Saving Time except for Hawaii and most of Arizona apart from the Navajo Nation.

The Matrix

Homeowner Responsibilities

Please make sure you are aware and reference your Maintenance

Inside this Issue

- Pg. 1** Daylight Saving Time
- Pg. 1** The Matrix
- Pg. 2** Dangerous Driving
- Pg. 2** Bird Nesting Time
- Pg. 2** Monthly Reminders
- Pg. 2** Important Days in March

Villa Del Mar Homeowners Assoc.
 1055 Palmetto Way
 Carpinteria, CA 93013
 (805) 684-7430
 Email: villadelmar@verizon.net
 Website: villadelmarhoa.com
 Rebecca Barnhardt, CMCA, AMS:
 Manager

Matrix that was sent with your end of year paperwork for Homeowner and Association repair responsibilities & Maintenance. If you have any questions, please contact the office before making repairs. Repair bills that are incurred by units, even if it may be an Association, may not be covered by the Association or may be limited to a fixed cost the Association would normally have paid for a particular repair.

The Association is aware of emergency repairs that may be required, however those are usually rare circumstances. Please call the office to ask about repair coverage if you're not sure. You may also call the emergency number on the



office voicemail if you are not sure what to do.

If you are a tenant, please contact your unit owner for maintenance & repair questions.

Dangerous Driving *Watch For Residents*

We'd like to remind drivers to use caution throughout the alleys and driveways. Slow down and don't drive too close to garages and carports and look for other drivers and people.

Be aware of children and young adults may be using alleyways, driveways and sidewalks that cross alley entries. Children may be in a hurry going to and from the bus stops and might not always

pay attention to drivers. Parents, please take the time to remind children to "Look Both Ways" before crossing streets, driveways and alleyways. **Please remember that there are NO bicycles, skateboards, scooters or any other wheeled devices permitted in the interior sidewalks, alleys and driveways at Villa Del Mar HOA.** You may have them use the sidewalk next to public street, however, they must walk through the interior sidewalks. Thank you for being a cautious neighbor.

Bird Nesting Time *Report Potential Issues*

It is that time of the year where migrating birds and regional birds are looking for places to nest. This is a controversial subject since some people don't mind the birds nesting in their area while others don't want the mess. In either case there are protections for some of these birds and we must follow those guidelines. California Migratory Bird Act provides for the protection of nongame migratory birds, their nests, and eggs.

We do, however, try to install safe bird deterrents to help keep birds from building nests on buildings and in certain areas. We also try to keep birds from perching over front doors to cut down on the mess. If you have questions about a nest and whether it can be removed, you should call the office to discuss it. There is a large fine if nests are removed improperly and we would prefer that you contact the office instead of trying to remove yourself. Hosing nests down is not going to resolve the situation, and we may be able to safely deter birds from nesting in unwanted locations.

Monthly Reminders

Street Sweeping Day: REMINDER: **NO PARKING** in the alleys and Driveways at VDM during this time. Street sweeping day is the **3rd Wednesday of every month.** This month it is **March 19, 2025.** Please do not park on the city streets between 8:00am - 10:00am. The City will issue parking tickets which are about \$45.

General Board Meeting: We will have a General Board Meeting via Zoom on March 10, 2025, at 12:00 p.m. Zoom instructions and Agenda will be posted at the pool gate and on the website www.villadelmarhoa.com

Important Days in March: National Cereal Day - March 7th. St. Patrick's Day - March 17th. National Puppy Day - March 23rd.

